



**CeBell Berry, MA, LMFTA**  
**4500 9<sup>th</sup> Ave NE, Suite 300 Seattle WA 98105**  
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## **GUIDELINES FOR THERAPY WITH TWO-HOME FAMILIES**

This is a contract between you as co-parents and your therapist. It is designed to eliminate introducing more conflict into either family. This means I attempt to share information and suggestions between parents equally or according to your parenting plan. The main goal is to create a safe, open, productive space for problem solving and addressing concerns.

### **CeBell Berry agrees to:**

1. Remain neutral.
2. Support the wellbeing of your children and their healthy relationship with both parents.
2. Share information with parents according to your parenting plan.
3. Follow medical (therapeutic) decision making according to your parenting plan.
4. Share information to legal and other professionals if desired only with the signature of both parents.
5. Not testify in court and/or use children's information from sessions for litigation purposes (unless required by state laws governing mandatory reporting)

### **Parents agree to:**

1. Provide CeBell Berry with a current copy of your parenting plan.
2. Scheduling parent sessions (individual or joint) when requested.
3. Disclose any concerns regarding your safety, your children's safety, or the safety of any party, in a timely manner. (understand as a mandated reporter such issues may result in reporting to relevant authorities and/or make joint sessions inappropriate.)
4. Utilize information and agreements made in the co-parenting sessions only for purposes agreed upon by both parties and to not subpoena the records of CeBell Berry, LMFTA for the purposes of litigation.
5. Respect your children's need to be free from adult concerns and refrain from negative information regarding the other parent and/or adult issues related to co-parenting.

Parent \_\_\_\_\_ Date \_\_\_\_\_

Parent \_\_\_\_\_ Date \_\_\_\_\_

Therapist \_\_\_\_\_ Date \_\_\_\_\_